

LIBRARY & FREE WIFI

PHYSICAL THERAPY REHAB

COMMUNITY ACTION PRESCHOOL

# BEAVERTON Activity Center

STARTING SEPTEMBER, RETURN TO

## REGULAR HOURS

RECEPTION DESK  
Mon. - Thurs. 9 a.m. to 3 p.m.



### Fitness Center

Mon. thru Thurs. 7 a.m. to 6 p.m.

Fri. 7 a.m. to 5 p.m. \* Sat. 9 a.m. to 1 p.m.

Affordable membership plans & punch cards:

- Plans for Individuals, Families & Companies
- Student Punch Cards for ages 13, 14 & 15
- Silver Sneakers Cardholders get all member benefits
- Try the Fitness Center with a 3-Month Membership Plan

**SUMMER HOURS THRU SEPT.**

### Fitness Classes *Restarting in September!*

- JUMPS starts 9/10 - Mon. & Wed., 6:15 p.m.
- New! Karate FREE CLASS 9/4, 11, and 18 - Tues., 6:20 p.m.
- New! Fabulous You starts 9/11 - Tues., 9 a.m. & Thurs., 5:30 p.m.

### Gym Activities

- Daily Walking - Mon. thru Fri., 7 a.m. to 12 Noon  
Free to Fitness Center members. \$1 per walk for non-members.
- Pickleball - Tues. 5:30 p.m. and Thurs. 10 a.m.  
Sat. 9 a.m. to 11:30 a.m. (Saturdays thru Sept.)  
\$3/person. Come learn to play. This game is fun!

**NEW! Silver&Fit** EXERCISE & HEALTHY AGING PROGRAM  
The Silver&Fit program is designed for older adults! By exercising regularly and meeting new people, you can be Silver, Fit, and Fabulous® too!

## FALL 1 SESSION

Info on website, to register call 989-465-2079

**TUESDAYS - Aug. 14 thru Nov. 6 (call to inquire)**

- Mini Cheer - Ages 3 to 5; 3:45 - 4:25 p.m.; \$60
- Cheerleading - Ages 6 to 12; 4:30 - 5:45 p.m.; \$60

**SATURDAY, SEPTEMBER 15 (Register by Sept. 12)**

Fun, One-Day Clinic to learn about ballet, tumbling & gymnastics!  
All ages welcome; 9:00 - 11:00 a.m.; \$15

**THURSDAYS - Sept. 20 thru Oct. 25 (Register by Sept. 18)**

- Tumble Tots - Ages 2 to 6; 9:00 - 9:45 a.m.; \$35
- Baby Ballet - Ages 3 to 6; 4:30 - 5:15 p.m.; \$35
- Tumbling - Ages 4 to 10; 5:30 - 6:15 p.m.; \$35
- Gymnastics - Ages cartwheel to 16; 6:20 - 7:10 p.m.; \$35



## FITNESS-CENTER MEMBERSHIP DISCOUNT

Discounted prices offered only thru September

INDIVIDUAL MEMBERSHIP

1 Month \$15 • 3 Months \$35

6 Months \$60

1 Year \$100

FAMILY MEMBERSHIP • 1 Year \$200

PUNCH CARD • 5 Visits \$15

Excellent Equipment & Convenient Location

## SATURDAY PICKLEBALL *Learn to play!*

Saturdays through September, PLUS Tues & Thurs  
9 a.m. to 11:30 a.m., BAC Gymnasium  
\$3/person. Pickleball is a fun way to get exercise!



## FALL MARKETPLACE

Volunteers for the Beaverton Activity Center  
Event dates: Friday, Nov. 2 & Saturday, Nov. 3  
VENDOR APPLICATIONS DUE OCTOBER 26  
Call 989-435-4104 for info and application



## Fall 2018 Youth Flag Football Season

Register by Sept. 10, call 989-465-2079  
Play Wednesdays at 5 p.m., starting Sept. 26  
Games rotate between Beaverton & Coleman  
Ages 3-5 & 6-9; Seeking Volunteer Coaches



Monday thru Friday  
9 a.m. to 5 p.m.

MEET on the newly SHADED PATIO!

FREE WIFI

Saturday  
9 a.m. to 1 p.m.

Specialty Coffees, Smoothies, Cookies & Snacks

### \* BAC Internships for Delta College Students

BAC Work-Study Programs in Fitness Center & Sweet B Cafe  
Call 989-435-4104 or 989-686-9073 for info.

### \* BAC Meeting Room Rental

Make plans now for Fall and Winter business & community meetings, reunions and family events. Affordable rates. Arrange catering by Sweet B Cafe or outside caterer. Reserve on website or call 435-4104.

### LIBRARY ACTIVITIES at the Beaverton Branch

Info & registration: 989-435-3981

"Book Club" Sept 13, 7 p.m.

- "The Red Tent" by Anita Diamont

Story Time

- Thursdays at 10 a.m.
- Fridays at 10 a.m.

(Note: No Story Time on 9/20 & 9/21)

Garden Series, Sept. 26, 7 p.m.

- Program on Sweet Fern
- It's fun to learn with us!

AFTER SCHOOL AT THE LIBRARY

A quiet place to study. Check out books & materials not available at school. Stop in and meet the helpful library staff!



## GLADWIN COUNTY DISTRICT LIBRARY Beaverton Branch

Free WIFI and Computer Terminals  
Book Club • Make It Monday • Tuesday Talk  
Story Time on Thursday & Friday at 10 a.m.

Monday thru Thursday 9 a.m. to 8 p.m.

Friday - 9 a.m. to 5 p.m. Saturday - 9 a.m. to 1 p.m.

Closed Sunday

Visit online at [www.gcdl.org](http://www.gcdl.org) or call 989-435-3981

### Rehabilitation Services Now Offered in Beaverton

MidMichigan Health now offers a full range of physical therapy services at the Beaverton Activity Center, 106 Tonkin Street. This location is staffed by Physical Therapists Jessica Sullivan, D.P.T., and Renee Lang, P.T.A., and is open Monday through Thursday with convenient early morning and evening appointment times. New patients are welcome by referral from their physician by calling (989) 435-3315 or Central Scheduling at (989) 488-5825.



mid michigan COMMUNITY Action

"Helping People, Changing Lives."

Call 989-386-8075

Visit [www.claregladwinpreschool.org](http://www.claregladwinpreschool.org)

COMMUNITY ACTION PRESCHOOL

At the corner of M-18 and Tonkin Street 989-435-4104 [www.beavertonactivitycenter.com](http://www.beavertonactivitycenter.com)

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