

BEAVERTON Activity Center

LIBRARY & FREE WIFI
PHYSICAL THERAPY REHAB
COMMUNITY ACTION
PRESCHOOL
RECEPTION DESK
Mon. thru Fri. 9 a.m. to 5 p.m.

Fitness Center



Mon. thru Thurs. 7 a.m. to 7 p.m.
Fri. 7 a.m. to 5 p.m. * Sat. 9 a.m. to 1 p.m.

Affordable membership plans!
• 1 Month, 3 Month, 6 Month & 1 Year Plans for Individuals and Families
• Punch Card/Gift Card - 5 Visits for \$15
• Silver Sneakers Cardholders get all member benefits

With \$25 UPGRADE to Annual Membership access EXTENDED hours!

Silver&Fit REGULAR EXERCISE and HEALTHY AGING

Fitness Classes TRY OUR CLASSES IN 2020!

• Yoga with Kelly – Thursday 4 p.m. to 5 p.m.
• Circuit Training with Karen – Tuesday 6 p.m. to 7 p.m.
• Jumps with Shawn – Monday & Wednesday 5:45 p.m. to 6:30 p.m.

Gym Activities

• Daily Walking – Monday & Thursday 7 a.m. to 9 a.m.
Tuesday, Wednesday, & Friday 7 a.m. to 12 Noon
Members free. Non-members \$1 per walk.
• Pickleball – Monday 9 a.m. to 12 Noon
Tuesday 5:30 to 7:30 p.m.
Thursday 9 a.m. to 12 Noon
Saturday 9 a.m. to 12 Noon
• 3 Indoor Courts
• \$3/person
• All skill levels welcome!

Announcing the NEW name & branding of BAC Fitness Center:

SHOW UP! 10-WEEK FITNESS CHALLENGE

Still time to join the group. Stop by the desk, set your goal and get started!



ANNUAL PROM DRESS EVENT – BAC Gym Saturday, March 7, 9 a.m. to 2 p.m.

- Girls from all over the area are welcome
- Shop for prom & special occasions
- No admission fee
- Free dresses, shoes & jewelry
- Fitting rooms available
- Presented by BABA



PICKLEBALL for BEGINNERS – Learn the Game
Monday & Thursday Mornings, 9 to 10 a.m.
Equipment & Instruction provided
\$3/person per day

PICKLEBALL ROCKS! – Improve & Have Fun
Games for Beginners & Less Competitive Players
Wednesday Evenings, 5:30 to 7:30 p.m.
\$3/person per day



POMPON CLINIC – 6th, 7th & 8th Grades
5 Week Session, Thursdays, 5:30 to 7 p.m.
March 5, 12, 19 and April 2, 9
BAC Gym, \$20 for the session
Register and sign waiver at first class



OPEN GYM VOLLEYBALL – Drop-in and Play
All skill levels welcome
Saturdays, Jan. 4 thru March 28, 12 Noon to 3 p.m.
\$3/person per day

Volunteers Meeting

Wednesday, March 11, 6:30 p.m.
Newcomers always welcome.
Make a difference in our community.
Share your time, talent & enthusiasm!

Community Blood Drive

Tuesday, March 24, 1:30 to 6:05 p.m.
Catalyst Boardroom, call 866-642-5663 for appt.
Give blood and help save lives in our community!

LIBRARY ACTIVITIES at the Beaverton Branch

INFO & REGISTRATION
989-435-3981

BAC Book Club • 2nd Thursday, 7 p.m.
True Crime Book Club • 3rd Tuesday, 6 p.m.
Motivate Me! Book Club • 4th Tuesday, 7 p.m.
Library's Yoga Class • Thursdays, 5:30 p.m.

WEEKLY YOUTH ACTIVITIES
Kids' Day • Mondays, 3:30 p.m.
Story Time • Thurs. & Fri., 10 a.m.
Reading Buddies • Seeking teen volunteers



GLADWIN COUNTY DISTRICT LIBRARY Beaverton Branch

Free WIFI and Computer Terminals
Book Club • Youth Activities
Story Time on Thursday & Friday at 10 a.m.

Monday thru Thursday – 9 a.m. to 8 p.m.
Friday – 9 a.m. to 5 p.m. Saturday – 9 a.m. to 1 p.m.
Sunday – closed

Visit online at www.gcdl.org or call 989-435-3981

Rehabilitation Services Now Offered in Beaverton

MidMichigan Health now offers a full range of physical therapy services at the Beaverton Activity Center, 106 Tonkin Street. This location is staffed by Physical Therapists Jessica Sullivan, D.P.T., and Renee Lang, P.T.A., and is open Monday through Thursday with convenient early morning and evening appointment times. New patients are welcome by referral from their physician by calling (989) 435-3315 or Central Scheduling at (989) 488-5825.



Meeting Room Rental

Reserve space on BAC website or call 435-4104

Catering by Sweet B Cafe or outside caterer



Cedar River Conference Room
Catalyst Boardroom
Classrooms & Gymnasium/Stage

Offering excellent spaces for community and business meetings, reunions and family events at affordable rates.



mid michigan
COMMUNITY
Action

"Helping People. Changing Lives."

Call 989-386-8075
Visit www.claregladwinpreschool.org

COMMUNITY ACTION PRESCHOOL

At the corner of M-18 and Tonkin Street 989-435-4104 www.beavertonactivitycenter.com

501(c)3 Non-Profit Status • Exclusively for Charitable & Educational Purposes

