

BEAVERTON Activity Center

LIBRARY & FREE WIFI
PHYSICAL THERAPY REHAB
COMMUNITY ACTION
PRESCHOOL
RECEPTION DESK
Mon. thru Fri. 9 a.m. to 5 p.m.



Fitness Center

Mon. thru Thurs. 7 a.m. to 7 p.m.

Fri. 7 a.m. to 5 p.m. * Sat. 9 a.m. to 1 p.m.

Affordable membership plans & punch cards:

- Plans for Individuals, Families & Companies
- Student Punch Cards for ages 13, 14 & 15
- Silver Sneakers Cardholders get all member benefits
- Try the Fitness Center with a 3-Month Membership Plan

Fitness Classes

- JUMPS Class – Mon. & Wed., 6:15 p.m.

Gym Activities

- Daily Walking – Mon., Tues., Wed., & Fri., 7 a.m. to 12 Noon
Thurs., 7 a.m. to 9 a.m.
FREE for Fitness Center members
\$1 per walk for non-members
- Pickleball – Tues., 5:30 p.m., Thurs. 10 a.m.,
Have fun & get exercise for \$3/person

"We are thankful for friendship. It beautifies life so much."
L.M. MONTGOMERY



One of the best reasons to VOLUNTEER is the opportunity to spend time with friends, renew old friendships, and make new friends. Each day at the BAC, you never know who will come through the doors with a cheerful hello and a story to share. As we gather to celebrate the season of Thanksgiving, may you remember the time spent at the Beaverton Activity Center and SMILE because of FRIENDSHIPS!



**IT'S ABOUT TIME...
Volunteers are
needed in Winter!**

The Volunteers for the Beaverton Activity Center welcome YOU! If you have an hour a week, your TIME and TALENT will be appreciated. Stop by the Reception Area or call 435-4104 for info. Share a little time, have a lot of fun, and make a BIG difference in your community!

NEW! Silver&Fit EXERCISE & HEALTHY AGING PROGRAM
The Silver&Fit program is designed for older adults! By exercising regularly and meeting new people, you can be Silver, Fit, and Fabulous® too!



Fitness Center Membership LIMITED TIME DISCOUNT Dec. 1 thru Jan. 15

- INDIVIDUALS: 1 month \$15 3 months \$35 6 months \$60 1 year \$100
- FAMILY (All Immediate Family Members): 1 year \$200
- GIFT CARD/PUNCH CARD: 5 visits \$15

Great Gift Idea!

Sweet B Cafe Monday thru Friday 9 a.m. to 5 p.m. A perfect place for business & community meetings!
Saturday 9 a.m. to 1 p.m.
FREE WIFI
Specialty Coffees, Smoothies, Cookies & Snacks

Meeting Room Rental
Reserve meeting rooms on BAC website or call 435-4104.
Catering by Sweet B Cafe or outside caterer.
Super location for community and business meetings, reunions and family events at affordable rates.




**GLADWIN COUNTY DISTRICT LIBRARY
Beaverton Branch**

Free WIFI and Computer Terminals
Book Club • Make It Monday • Tuesday Talk
Story Time on Thursday & Friday at 10 a.m.

Monday thru Thursday 9 a.m. to 8 p.m.
Friday – 9 a.m. to 5 p.m. Saturday – 9 a.m. to 1 p.m.
Closed Sunday

Visit online at www.gcdl.org or call 989-435-3981

Rehabilitation Services Now Offered in Beaverton

MidMichigan Health now offers a full range of physical therapy services at the Beaverton Activity Center, 106 Tonkin Street. This location is staffed by Physical Therapists Jessica Sullivan, D.P.T., and Renee Lang, P.T.A., and is open Monday through Thursday with convenient early morning and evening appointment times. New patients are welcome by referral from their physician by calling (989) 435-3315 or Central Scheduling at (989) 488-5825.



mid michigan
**COMMUNITY
Action**

"Helping People, Changing Lives."

Call 989-386-8075

Visit www.claregladwinpreschool.org

COMMUNITY ACTION PRESCHOOL

At the corner of M-18 and Tonkin Street 989-435-4104 www.beavertonactivitycenter.com

501(c)3 Non-Profit Status • Exclusively for Charitable & Educational Purposes

